	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 - 7:30 AM	Wake Up/Hygiene/ Tidy Rooms	Wake Up/Hygiene/ Tidy Rooms	Wake Up/Hygiene/ Tidy Rooms	Wake Up/Hygiene/ Tidy Rooms	Wake Up/Hygiene/ Tidy Rooms	Sleep In	Sleep In
7:30 - 8:00 AM	Breakfast/Intentions/ Meds	Breakfast/Intentions/ Meds	Breakfast/Intentions/ Meds	Breakfast/Intentions/ Meds	Breakfast/Intentions/ Meds	Wake Up/Hygiene/ Tidy Rooms	Wake Up/Hygiene/ Tidy Rooms
8:00 - 8:30 AM	School Director of Education	School Director of Education	Gratitude	School Director of Education	School Director of Education		
8:30 - 9:00 AM						Breakfast/Intentions/ Meds	Breakfast/Intentions/ Meds
9:00 - 10:00 AM			Process Group			Life Skills	Assignments
10:00 - 10:30 AM	Snack	Snack	Snack	Snack	Snack		Snack
10:30 - 11:00 AM	Experiential Therapy	Process Group	Experiential Therapy	Nutritional Education	Expressive Arts	Snack	Sunday Morning Gratitude
11:00 - 12:00 PM						Emotional Intelligence	
12:00 - 1:00 PM	Hygiene/Leisure Time	Dialectical Behavior Therapy (DBT)	Hygiene/Leisure Time	Cognitive-Behavioral Therapy (CBT)	Anger Management	Self-Care	Mindful Movement
1:00 - 1:30 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:30 - 2:30 PM	Process Group	Outdoor Therapy	School Director of Education	Process Group	Process Group	Community Outing	Visiting/Phone time Assignments
2:30 - 3:30 PM	Community Meeting	Meditation		Meditation	Boundaries		
3:30 - 4:00 PM	Snack	Snack	Snack	Snack	Snack	Snack	Snack
4:00 - 5:00 PM	Assignments	Acceptance and Commitment Therapy (ACT)	Dialectical Behavior Therapy (DBT)	Addiction + Recovery	Dialectical Behavior Therapy (DBT)	Community Outing	Healthy Hobbies and Leisure Time
5:00 - 6:00 PM	Dinner/Chores	Music Therapy	Assignments	Dialectical Behavior Therapy (DBT)	Assignments		
6:00 - 7:00 PM	SMART Recovery	Dinner/Chores	Dinner/Chores	Dinner/Chores	Dinner/Chores	Dinner/Chores	Dinner/Chores
7:00 - 8:00 PM	Visiting/Phone time Assignments	Visiting/Phone time Assignments	Visiting/Phone time Assignments	Visiting/Phone time Assignments	Visiting/Phone time Assignments	Visiting/Phone time Assignments	Games/Movie Night
8:00 - 8:30 PM	Snacks + Intentions Review	Snacks + Intentions Review	Snacks + Intentions Review	Snacks + Intentions Review	Snacks + Intentions Review	Snacks + Intentions Review	Snacks + Intentions Review
8:30 - 9:00 PM	Bedtime Hygiene/Meds	Bedtime Hygiene/Meds	Bedtime Hygiene/Meds	Bedtime Hygiene/Meds	Bedtime Hygiene/Meds	Bedtime Hygiene/Meds	Bedtime Hygiene/Meds
9:00 PM	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out